

# detox delivered

a 5-21 day detoxification programme

£40 | per day



Lose weight, regain vibrancy, focus, clarity and achieve optimum health with DetoxDelivered, a 5 to 21 day programme of cleansing and revitalising foods designed to meet your individual goals.

Using the cleansing properties of RAW, whole and superfoods, DetoxDelivered prepares all meals in-house with quality ingredients. The focus is on nutrient dense, alkalising, gourmet cuisine. We do not use wheat, dairy or refined sugar in our food preparation.

All meals and snacks for the day are delivered to your door at a pre-arranged time, and are guaranteed to be delicious. Hunger does not feature on this programme. And you're supported; a pre-programme meeting, coaching and post-programme guidelines are all part of the package.

**register:** Please call *evolve* at 020 7581 4090

**cost:** £40 per day with a 5 day minimum

programmes 

