

Free The Inner Voice

'resonate your dreams'

an a la carte programme in voice

with nikki slade



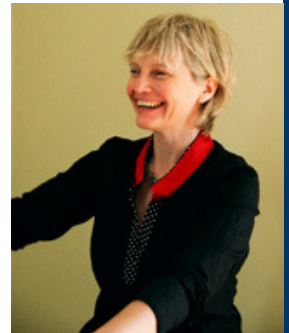
In these sessions you will attune to your SELF by connecting with your 'key note' which is a way of being in the world which empowers your highest self-expression and ability to produce incredible results.

Related themes:

- Personal relationships
- Full creative self-expression
- Public speaking with freedom and ease
- Conflict resolution
- Self empowerment/ability to make choices

In each session you will attune to your 'keynote' or new way of being and watch the results begin to unfold between sessions and thereafter. You can expect to voice, chant, move gently, contemplate and journal.

Nikki Slade is a pioneer in her field with over 20 years experience. She has facilitated business people + CEOs, best mans speeches, male and female confidence, therapists, actors + directors, recovering addicts and teenagers. She has worked with many companies including Cisco, Deutsche Bank and M+C Saatchi. Nikki is resident Kirtan leader at triyoga. Please see her website www.freetheinnvoice.com or www.nikkislade.com (Nikki Slade—Chemistry at Work) for further information.



price: a journey in voice over 4 sessions | £650 (each session is 1 hour)
an optional introductory is £125.00 to see whether you choose to progress.

availability: Thursday afternoons

to make an appointment: please email pa@freetheinnvoice.com or call 07932 043 277

treatments 

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www.evolvewellnesscentre.com