

# acupuncture + chinese herbal medicine

with dr. gang zhu



**Chinese Medicine** is a complete health system comprising of herbal remedies, acupuncture, massage, exercise, nutrition + lifestyle prescriptions.

**Acupuncture:** The body is like a machine and can adapt to a lot of stress and poor conditions, but only for so long. Disease is likely to result if warning signs are ignored. The acupuncturist, by stimulating needles in certain ways, can help get the qi moving again and promote a healthy environment within the body.

**Chinese Herbal Medicine** uses mainly vegetable and mineral products with known healing properties combined in a formula to produce a powerful balancing effect. Chinese Medicine diagnoses and treats conditions from a holistic standpoint. It views symptoms as a manifestation of an imbalance in the whole body's system rather than attributing it to a malfunction of one of its parts.

**Dr. Gang Zhu** (MMed, China + BRCP) is a graduate of the Nanjin University of Traditional Chinese Medicine in 1982. In 1986 he obtained a post-graduate degree (Master in Medicine) from the Shanghai university of Traditional Chinese Medicine. Dr Zhu has over twenty years of clinical experience in China, Sri Lanka and the UK (including 4 years as an orthopaedic surgeon before he left China).

He is one of the editors of "The encyclopaedia of Secret Recipes of Traditional Chinese Medicine" and is the author of several leading papers published in The Chinese Journal of Traditional Chinese Medicine. His work has received a lot of coverage in various newspapers including The Times, The Independent, The Mirror, The Mail and Traveller Magazine. He has also appeared on various television programmes on BBC1, Sky TV and Channel 5. Dr Gang Zhu was named three times by The Evening Standard "one of the best Acupuncturists and Chinese Medicine doctors" in 1994, 1997 and 2002.

Dr Gang Zhu has had great success in treating Infertility, maternity, easy birth, Chronic Fatigue, Menopause, PMT, IBS, hay fever, skin conditions and various types of pain.

**price:** 45 min | £95 (first consultation)      30 min | £65 (follow-up)

**availability:** Fridays, 12:30-6:30pm

**to make an appointment:** Please call *evolve* at 020 7581 4090

**please note:** herbs are charged separately according to your prescription



treatments 